

MENU FOR JULY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2) PORK BBQ W/WG BUN SLAW MAC & CHEESE APPLESAUCE, MILK	3) BAKED SPAGHETTI TOSSED SALAD WG BREAD MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES)	4) CLOSED FOURTH OF JULY	5) CHICKEN SALAD MACARONI SALAD GREEN BEANS WHOLE GRAIN BREAD, PEACHES, MILK	6) HOT DOG ON WG BUN TATER TOTS LIMA BEANS PEARS, MILK
9) SLOPPY JOES WG EGG NOODLES COLLARD GREEN APPLESAUCE, MILK	10) SHEPHERDS PIE W/GROUND BEEF MASHED POTATOES, PEAS WHOLE GRAIN ROLL, MILK MIXED FRUIT (GRAPEFRUIT APPLE, ORANGES)	11) CHEDDAR CHICKEN MASHED POTATOES BRUSSEL SPROUTS WHOLE GRAIN ROLL, ORANGES, MILK	12) BACON BREAKFAST CASSEROLE WG PANCAKES MILK MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES)	13) CHICKEN PATTY VEGGIE PASTA SALAD WHOLE GRAIN ROLL, MILK MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES)
16) HAM STEAKS BROWN RICE CARROTS WHOLE GRAIN BUN APPLESAUCE, MILK	17) PIZZA CASSEROLE W/BEEF TOSSED SALAD WHOLE GRAIN ROLL, MILK MIXED FRUIT (GRAPEFRUIT APPLE, ORANGES)	18) VEGGIE BEEF SOUP GRILLED CHEESE ON WHOLE GRAIN BREAD ORANGES, MILK	19) HAMBURGER GRAVY MASHED POTATOES PEAS AND CARROTS WHOLE GRAIN ROLL PEACHES, MILK	20) CHICKEN TENDERS MAC AND CHEESE CALI MIX VEGGIES WHOLE GRAIN ROLL PEARS, MILK
23) BBQ CHICKEN WG ORZO FRESH VEGGIES WHOLE GRAIN ROLL, PEACHES MILK	24) BROCCOLI CHEESE SOUP HAM & CHEESE ON WHOLE GRAIN BREAD APPLESAUCE, MILK	25) TURKEY AND GRAVY STUFFING BROCCOLI CASSEROLE WHOLE GRAIN ROLL, ORANGES, MILK	26) PORK CHOP CASSEROLE W/ BROWN RICE CAULIFLOWER MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES) MILK	27) ROAST BEEF AND SWISS WRAP W/ LETTUCE TOMATO, MAC SALAD TOSSED SALAD WHOLE GRAIN ROLL PEARS, MILK
30) TACO BAKE W/BEEF WG SPANISH RICE LETTUCE, TOMATO, SOUT CREAM AND SALSA PEACHES, MILK	31) VEGGIE EGG SCRAMBLE FRENCH TOAST STICKS YOGURT WHOLE GRAIN ROLL, MILK MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES)			

Alternate meal options are available upon request. Participants have the option to bring their own lunch.
 Whole Grain Bread or Bun and Beverage are included with each meal.