

MENU FOR SEPTEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLOSED LABOR DAY 3)	BAKED SPAGHETTI GREEN BEANS WG GARLIC BREAD MILK - PEARS 4)	BBQ CHICKEN THIGHS MACARONI & CHEESE (wg) CARROTS, ROLL, MILK MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES) 5)	HAMBURGER GRAVY MASHED POTATOES COLLARD GREENS WHOLE GRAIN ROLL PEACHES, MILK 6)	PORK BBQ (WG BUN) SLAW MACARONI SALAD MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES), MILK 7)
SLOPPY JOES (WG BUN) TATER TOTS LIMA BEANS PEACHES, MILK 10)	SHEPHERDS PIE W/GROUND BEEF MASHED POTATOES, PEAS WHOLE GRAIN ROLL, MILK MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES) 11)	SOUR CREAM CHEDDAR CHICKEN BROWN RICE, PEAS WHOLE GRAIN ROLL ORANGES, MILK 12)	SAUSAGE, EGG & CHEESE WG ENGLISH MUFFIN POTATO & VEGGIE HASH APPLESAUCE, MILK 13)	HOT DOG ON WG ROLL PASTA SALAD CALI MIX VEGGIES PEARS, MILK 14)
CHICKEN SALAD ON WHOLE WHEAT BREAD POTATO SALAD CARROTS APPLESAUCE, MILK 17)	VEGGIE BEEF SOUP GRILLED CHEESE WHOLE GRAIN ROLL, MILK MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES) 18)	SOFT TACOS W/SALSA CHEESE SPANISH RICE CAULIFLOWER WHOLE WHEAT ROLL ORANGES, MILK 19)	CHILI BAKED POTATO TOSSED SALAD WHOLE GRAIN ROLL, MILK PEACHES, MILK 20)	HAMBURGER ON WHOLE GRAIN ROLL COLD BROCCOLI SALAD MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES), MILK 21)
CHICKEN PATTY ON WHOLE GRAIN ROLL LETTUCE AND TOMATO MACARONI SALAD MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES), MILK 24)	BROCCOLI & CHEESE SOUP HAM ROLLS (WG) CHIPS PEARS, MILK 25)	ROAST BEEF & CHEESE ON WG BREAD W/ LETTUCE & TOMATO SQUASH & ZUCCHINI, MILK MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES) 26)	HAM STEAKS BUTTER WG EGG NOODLES BRUSSEL SPROUTS WHOLE GRAIN ROLL, MILK MANDARIN ORANGES 27)	CHICKEN TENDERS MACARONI & CHEESE TOSSED SALAD WHOLE GRAIN ROLL PEACHES, MILK 28)

Alternate meal options are available upon request. Participants have the option to bring their own lunch.
 Whole Grain Bread or Bun and Beverage are included with each meal.