

MENU FOR NOVEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			POTATO SOUP BROCCOLI WG ROLL PEACHES, MILK	BAKED SPAGHETTI TOSSED SALAD WG GARLIC BREAD APPLESAUCE, MILK
CHEDDAR CHICKEN BROWN RICE (WG) BROCCOLI MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES), MILK	HAMBURGER STEAK & GRAVY MASHED POTATOES GREEN BEANS WHOLE GRAIN ROLL PEARS, MILK	CHICKEN NOODLE SOUP GRILLED CHEESE ON RYE (WG) MIXED VEGETABLES ORANGES, MILK	SLOPPY JOES ON WG BUN TATER TOTS CARROTS PEACHES, MILK	SHEPHERDS PIE W/GROUND BEEF MASHED POTATOES, PEAS WHOLE GRAIN ROLL, MILK MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES)
KING RANCH CHICKEN CASSEROLE (WG) CALI MIX VEGGIES MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES), MILK	TURKEY AND GRAVY POTATOES LIMA BEANS WHOLE GRAIN ROLL PEARS, MILK	TACO BAKE SPANISH RICE (WG) CAULIFLOWER WHOLE WHEAT ROLL ORANGES, MILK	PORK BBQ & WG ROLL COLE SLAW MAC & CHEESE PEACHES, MILK	PIZZA CASSEROLE (WG) CAESAR SALAD MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES) WHOLE GRAIN ROLL, MILK
SCRAMBLED EGGS W/ VEGGIES SAUSAGE PATTIES WG PANCAKES MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES), MILK	WHITE CHICKEN CHILI TOSSED SALAD WHOLE GRAIN ROLL PEARS, MILK	BBQ CHICKEN BASIL ORZO (WG) BRUSSEL SPROUTS ORANGES, MILK	THANKSGIVING HOLIDAY CLOSED	THANKSGIVING HOLIDAY CLOSED
BUTTER BAKED CHICKEN WG BROWN RICE SQUASH & ZUCCHINI WHOLE GRAIN ROLL PEACHES, MILK	VEGGIE BEEF SOUP W/ WG BARLEY GRILLED CHEESE MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES), MILK	CHICKEN TENDERS (WG) BUTTERED CORN TOSSED SALAD WHOLE WHEAT ROLL MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES), MILK	CHICKEN PATTY WG ROLL SCALLOPED POTATOES GREEN BEANS PEACHES, MILK	BREAKFAST EGG CASSEROLE W/ SAUSAGE & VEGGIES HASHBROWN WG MUFFIN APPLESAUCE, MILK

Alternate meal options are available upon request. Participants have the option to bring their own lunch.
 Whole Grain Bread or Bun and Beverage are included with each meal.