

## MENU FOR DECEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3) BROCCOLI & CHEESE SOUP HAM ROLLS ON WG WRAP CHIPS MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES), MILK	4) CHICKEN TENDERS MAC & CHEESE TOSSED SALAD WHOLE GRAIN ROLL PEARS, MILK	5) HOT DOGS ON WG BUN PASTA SALAD CALI MIX VEGGIES  ORANGES, MILK	6) SOUR CREAM CHEDDAR CHICKEN PATTY BROWN RICE, PEAS MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES), MILK	7) CHILI W/ GD BEEF BAKED POTATO TOSSED SALAD  APPLESAUCE, MILK
10) SHEPHERDS PIE W/GROUND BEEF MASHED POTATOES, PEAS WHOLE GRAIN ROLL, MILK MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES)	11) SLOPPY JOES W/BEEF ON WG BUN TATER TOTS LIMA BEANS  PEARS, MILK	12) SOFT TACOS W/BEEF ONIONS, TOMATOES SPANISH RICE (WG) CAULIFLOWER  ORANGES, MILK	13) HAM STEAKS BUTTER WG EGG NOODLES BRUSSEL SPROUTS  PEACHES, MILK	14) CHICKEN SALAD ON WG ROLL POTATO SALAD CARROTS MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES), MILK
17) BUTTER BAKED CHICKEN BROWN RICE (WG) SQUASH & ZUCCHINI  PEACHES, MILK	18) VEGGIE BEEF SOUP WITH WG BARLEY GRILLED CHEESE  MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES), MILK	19) BAKED SPAGHETTI W/BEEF GREEN BEANS WG GARLIC TOAST  ORANGES, MILK	20) HAMBURGER & GRAVY MASHED POTATOES COLLARD GREENS  PEARS, MILK	21) PORK BBQ W/ WG BUN SLAW MACARONI SALAD  MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES), MILK
24) CHRISTMAS EVE HOLIDAY CLOSED	25) MERRY CHRISTMAS  CLOSED	26) CHICKEN TENDERS (WG) BUTTERED CORN TOSSED SALAD  MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES), MILK	27) CHICKEN PATTY WG ROLL GREEN BEANS SCALLOPED POTATOES  PEARS, MILK	28) BREAKFAST EGG CASSEROLE W/ SAUSAGE & VEGGIES HASHBROWNS WG MUFFIN  APPLESAUCE, MILK
31) ROAST BEEF & CHEESE ON WG BREAD W/LETTUCE & TOMATO SQUASH & ZUCCHINI MIXED FRUIT (GRAPEFRUIT, APPLE, ORANGES), MILK				

Alternate meal options are available upon request. Participants have the option to bring their own lunch.  
 Whole Grain Bread or Bun and Beverage are included with each meal.