

January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1 New Year's Day Center Closed	2 Coffee & News 8:00AM Devotions 9:00AM Exercise 10:00AM Lunch 11:30AM Rest Time Noon Skip-Bo 1:30PM Snack 2:30PM Dog Therapy Visit 3:00PM	3 Coffee & News 8:00AM Devotions 9:00AM Exercise 10:00AM Lunch 11:30AM Rest Time Noon Bingo w/ Melissa 1:30PM Snack 2:30PM Chit Chat 3:00PM	4 Coffee & News 8:00AM Devotions 9:00AM Music 10:00AM Lunch 11:30AM Rest Time Noon Movie Time 1:30PM Snack 2:30PM Manicures 3:00PM
7 Coffee & News 8:00AM Devotions 9:00AM Exercise 10:00AM Lunch 11:30AM Rest Time Noon Bingo 1:30PM Snack 2:30PM Chit Chat 3:00PM	8 Coffee & News 8:00AM Devotions 9:00AM Racquet Club 10:00AM Lunch 11:30AM Rest Time Noon Seek N Find 1:30PM Snack 2:30PM Chit Chat 3:00PM	9 Coffee & News 8:00AM Devotions 9:00AM Cooking 10:00AM Lunch 11:30AM Rest Time Noon Skip-Bo 1:30PM Snack 2:30PM Dog Therapy Visit 3:00PM	10 Coffee & News 8:00AM Devotions 9:00AM Exercise 10:00AM Lunch 11:30AM Rest Time Noon Brain Games 1:30PM Snack 2:30PM Chit Chat 3:00PM	11 Coffee & News 8:00AM Devotions 9:00AM Music 10:00AM Lunch 11:30AM Rest Time Noon Movie Time 1:30PM Snack 2:30PM Manicures 3:00PM
14 Coffee & News 8:00AM Devotions 9:00AM Exercise 10:00AM Lunch 11:30AM Rest Time Noon Art 1:30PM Snack 2:30PM Chit Chat 3:00PM	15 Coffee & News 8:00AM Devotions 9:00AM Exercise 10:00AM Lunch 11:30AM Rest Time Noon ABC Game 1:30PM Snack 2:30PM Chit Chat 3:00PM	16 Coffee & News 8:00AM Devotions 9:00AM Shuffleboard 10:00 Lunch 11:30AM Rest Time Noon Skip-Bo 1:30PM Snack 2:30PM Dog Therapy Visit 3:00PM	17 Coffee & News 8:00AM Devotions 9:00AM Exercise 10:00AM Lunch 11:30AM Rest Time Noon Bingo w/ Melissa 1:30PM Snack 2:30PM Chit Chat 3:00PM	18 Coffee & News 8:00AM Devotions 9:00AM Music 10:00AM Lunch 11:30AM Rest Time Noon Curis Activity 1:30PM Snack 2:30PM Manicures 3:00PM
21 Coffee & News 8:00AM Devotions 9:00AM Exercise 10:00AM Lunch 11:30AM Rest Time Noon MLK Jr. Day Trivia 1:30PM Snack 2:30PM Chit Chat 3:00PM	8 Coffee & News 8:00AM Devotions 9:00AM Racquet Club 10:00AM Lunch 11:30AM Rest Time Noon Puzzles & Games 1:30PM Snack 2:30PM Chit Chat 3:00P	23 Coffee & News 8:00AM Devotions 9:00AM Ladder Golf 10:00AM Lunch 11:30AM Rest Time Noon Skip-Bo 1:30PM Snack 2:30PM Dog Therapy Visit 3:00PM	24 Coffee & News 8:00AM Devotions 9:00AM Exercise 10:00AM Lunch 11:30AM Rest Time Noon Birthday Party/ Shuffleboard 1:30PM Snack 2:30PM Chit Chat 3:00PM	25 Coffee & News 8:00AM Devotions 9:00AM Music 10:00AM Lunch 11:30AM Rest Time Noon Movie Time 1:30PM Snack 2:30PM Manicures 3:00PM
28 Coffee & News 8:00AM Devotions 9:00AM Exercise 10:00AM Lunch 11:30AM Rest Time Noon Bingo 1:30PM Snack 2:30PM Chit Chat 3:00PM	29 Coffee & News 8:00AM Devotions 9:00AM Exercise 10:00AM Lunch 11:30AM Rest Time Noon Crosswords 1:30PM Snack 2:30PM Chit Chat 3:00PM	30 Coffee & News 8:00AM Devotions 9:00AM Curis Activity 10:00AM Lunch 11:30AM Rest Time Noon Skip-Bo 1:30PM Snack 2:30PM Dog Therapy Visit 3:00PM	31 Coffee & News 8:00AM Devotions 9:00AM Exercise 10:00AM Lunch 11:30AM Rest Time Noon Trivia 1:30PM Snack 2:30PM Chit Chat 3:00PM	Happy Birthday! 6 George Bell 17 Becky Hoppe 19 Catherine Madison 26 Jim Marshall

All participants have the right to decide whether or not to participate in any given activity. During the warmer months the participants have the opportunity to go outside during the day and enjoy our garden area, weather permitting.