

MENU FOR FEBRUARY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1) BAKED CHICKEN THIGHS WG NOODLES CALI MIX VEGGIE APPLESAUCE MILK
4) SLOPPY JOE W/ WG BUN TATER TOTS CARROTS FRUIT COCKTAIL MILK	5) VEGGIE BEEF SOUP GRILLED CHEESE ON WG BREAD CHIPS PEARS MILK	6) CHICKEN BROCCOLI CHEESE CASSEROLE WG BROWN RICE WG ROLL APPLESAUCE MILK	7) FISH STICKS HASHBROWN CASSEROLE GREEN BEANS WG ROLL PEACHES MILK	8) CHEESE RAVIOLI W/ SPAGHETTI SAUCE LIMA BEANS WG TOAST ORANGES MILK
11) SOFT TACOS W/ GD BEEF WG SPANISH RICE CAULIFLOWER PEACHES MILK	12) MEATLOAF MASHED POTATOES MIXED VEGGIES WG ROLL PEARS MILK	13) BAKED SPAGHETTI TOSSED SALAD WG TOAST FRUIT COCKTAIL MILK	14) WHITE CHICKEN CHILI GRILLED CHEESE ON WG BREAD SQUASH & ZUCCHINI ORANGES MILK	15) CHICKEN PATTY ON WG BUN SWEET POTATOES TOSSED SALAD APPLESAUCE MILK
18) EGGS & VEGGIES SAUSAGE HASHBROWNS WG BAGEL FRUIT COCKTAIL MILK	19) CHICKEN TENDERS WG BROWN RICE PEAS AND CARROTS ROLL PEARS MILK	20) BAKED POTATO W/ BEEF CHILI, CHEESE SOUR CREAM BROCCOLI WG ROLL ORANGES, MILK	21) CHICKEN SALAD ON WG CROISSANT MACARONI SALAD COLLARD GREENS PEACHES MILK	22) MINISTRONE SOUP W/BEEF, CHEESE QUESADILLA WEDGE FRUIT COCKTAIL MILK
25) EGG, HAM AND VEGGIE SCRAMBLE WG FRENCH TOAST STICK PEARS MILK	26) TURKEY AND CHEDDAR ON WG BREAD TOMATO SOUP CRACKERS PEACHES MILK	27) HOT DOG ON WG BUN ITALIAN PASTA SALAD GREEN BEANS ORANGES MILK	28) CHICKEN VEGGIE NOODLE SOUP PB & J ON WG BREAD CHIPS APPLESAUCE MILK	

Alternate meal options are available upon request. Participants have the option to bring their own lunch.
 Whole Grain Bread or Bun and Beverage are included with each meal.